

# M@GAZINE



## My STORY My VOICE

No: 7  
Ukuboza 2023

*TUGANIRE KU BUZIMA BW'IMYOROROKERE*





## Save Generations Organization

Prepare, Empower and Equip the Future Generations

Umuryango nyarwanda, utari uwa Leta, uharanira iterambere ry'umwana, urubyiruko n'umugore.

Iki kinyamakuru cyandikwa ndetse kigasohorwa na **Save Generations Organization** itewe inkunga na **Kvinna Till Kvinna**



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UKENEYE AMAKURU KU BURYO BURAMBUYE WABARIZA AHA HAKURIKIRA:

**Ikicaro gikuru cya Save Generations Organization :** Rwanda-Kigali-Gasabo-Remera – Nyabisindu-KG 8AV- Inzu no 104.

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# INKURU YANJYE KU BUZIMA BW'IMYOROROKERE

**M**y Story  
My Voice

# IJAMBO RY'IBANZE

## Muraho neza!

Abangavu n'ingimbi bageze mu kigero cy'imyaka 10-19, bagira imihindagurikire y'umubiri uko iminsi ijyenda iza, ibi bikabatera guhindura imyumvire ndetse bakagaragaza imyitwarire idasanzwe. Ni igihe abangavu, ingimbi ndetse n'urubyiruko muri rusange bashobora guhuriramo n'ingorane zitandukanye zirimo guterwa cyangwa gutera inda z'imburagihe, guta amashuri, gufatwa nabi mu muryango no kwanduzwa indwara zandurira mu mibonanompuzabitsina idakingiye n'ibindi, mu gihe batagize amahitamo ashingiye ku makuru nyayo. Kwigishwa no kugira amakuru ku buzima bw'imyororokere ni uburyo bwiza bwo guhangana n'ibi bibazo kuko butuma biyubakamo ikizere n'ubushobozi bibafasha gukora amahitamo meza no gufata ibyemezo bikwiriye ku mibiri yabo. Ni kubwiyo mpamvu, umuryango **Save Generations Organization** wishimiye kubagezaho numero ya karindwi (7) y'ikinyamakuru **"Tuganire ku buzima bw'imyororokere**, kizwi ku izina **"MY STORY, MY VOICE"**, **(INKURU YANJYE, IJWI RYANJYE)** kigamije guha umwanya abangavu n'ingimbi bagasangiza bagenzi babo inkuru z'impinduka ku buzima bwabo ku bijyanye n'ubuzima bw'imyororokere, ndetse no kwikorera ubuvugizi ku bibazo bikibugarije bibazitira kubona amakuru na serivise ku buzima bw'imyororokere nk'uburenganzira bwabo.

Muri iki kinyamakuru kandi, harimo n'inyigisho zisoza mugezwaho na Save Generations Organization mu gice cyiswe **"Haha ubwenge"**.

*Izi ni inkuru z'impinduka abangavu n'ingimbi bo mu mashuri abanza n'ayisumbuye mu karere ka Kamonyi na Gasabo mu bigo by'amashuri Save Generations Organization ikoreramo ibikorwa byayo byo kongerera ubumenyi abangavu n'ingimbi ku buzima bw'imyororokere, bifuje gusangiza bagenzi babo abiga n'abatiga.*

*Dore ibyo bavuze k'uburenganzira bamenye bafite ku buzima bw'imyororokere na serivise bijyana, uruhare bafite ku bibakorerwa n'ubumenyi bafite ku buzima bw'imyororokere.*



INKURU YANJYE  
IJWI RYANJYE

## Kugira amakuru ku buzima bw'imyororokere n'uburenganzira bijyana birafasha!!!

### Ese wowe uzi uburenganzira ufite ku buzima bw'imyororokere?

**A** Bangavu n'ingimbi bahura Nibibazo byinshi bishingiye ku kutagira amakuru y'ukuri ku buzima bw'imyororokere n'uburenganzira bijyana, iyo batagize amakuru ahagije ku buzima bw'imyororokere n'uburenganzira bijyana,

bahura n'imbogamizi zitandukanye ku buzima bwabo zishingiye ku kutamenya, twavuga mo kutamenya serivise bemerewe guhabwa ku buzima bwabo bw'imyororokere, ikigero cy'imyaka bisaba ndetse ntibamenye naho bakura izo serivise mugihe bazikeneye,

abangavu n'ingimbi bo mu bigo by'amashuri Save Generations Organization ikoreramo mu karere ka Kamonyi na Gasabo twaganiriye umva icyo babivuzeho:



## Namenye neza ko nanjye mfite uburenganzira bwo kugira amakuru y'ukuri ku buzima bw'imyororokere.

**N**itwa **NIMUKUNDANE Diane**, ndi umukobwa, mfite imyaka 13, niga mu mwaka wa 6 w'amashuri abanza mu kigo cya G.S Ngamba mu karere ka Kamonyi. Namenye ko nanjye nemerewe kugira amakuru y'ukuri ku buzima bw'imyororokere, menya ko kuvuga cyangwa kumva ibiganiro bijyendanye nabyo atari amahano nkunko nabyibwiraga mbere, ubu mbasha kuganira n'ababyeyi nkabasobanuzi icyo ntasobanukiwe ndetse nkaganiriza bagenzi banjye nabo nkabasangiza amakuru y'ukuri ku buzima bw'imyororokere, nkabasobanurira ko buri wese afite uburenganzira bwo kumenya cyangwa guhabwa amakuru y'ukuri kubuzima bw'imyororokere, kuko icyo afite amakuru abasha gufata icyemezo ku buzima bwe.

Kuri nje ntasoni bintera kumva aho bavuga ibijyanye n'ubuzima bw'imyororokere kuko ari uburenganzira bwanjye kumva no kwigishwa kuribyo, yaba ku ishuri, mu biganiro n'ababyeyi, n'ahandi hose hizewe hatangirwa amakuru y'ukuri ku buzima bw'imyororokere, yaba nje n'abandi tungana twese dufite uburenganzira bwo kugira icyo tumenya ku buzima bw'imyororokere

### *Ni iki wasaba abangavu n'ingimbi bajyenzi bawe?*

*"Ndasaba abangavu ndetse n'ingimbi muri rusange ko bakwiye kumenya ko buri wese yemerewe kugira amakuru y'ukuri ku buzima bw'imyororokere bikurikije ikigero cy'imyaka afite. Buriwese afite uburenganzira bwo kumenya cyangwa gusobanuzi mugihe hari icyo adasobanukiwe kigendanye n'ubuzima bw'imyororokere."*

**NIMUKUNDANE Diane**

**Nkatwe abangavu n'ingimbi  
kuganirizwa ku buzima  
bw'imyororokere bituma dutinyuka  
kubaza ibyo tudasobanukiwe  
ndetse tukagira amakuru y'ukuri ku  
buzima bw'imyororokere  
n'uburenganzira bijyana**





# Kwigishwa kubuzima bw'imyororokere biradufasha cyane.

*Nibyiza kugira amakuru pe !*

**N**itwa **UWASE Christa Gloria**, ndi umukobwa, mfite imyaka 17, niga mu mwaka 4 w'amashuri yisumbuye mu kigo cya G.S Remera Indangamirwa mu Karere ka Kamonyi. Mu bakobwa tungana, abenshi ntibazi uburenganzira bwabo bafite ku buzima bw'imyororokere, rimwe narimwe bashobora guhura n'ikibazo gishingiye ku kutagira amakuru ahagije kandi y'ukuri.

Mbere ntarahugurwa na Save Generations Organization, sinarinzi uburenganzira mfite ku buzima bw'imyororokere, yewe sinarinzi na serivise nemerewe guhabwa zirebana n'ubuzima bw'imyororokere, nagiraga amatsiko y'amakuru nkeneye kumenya ngatinya kugira uwombaza kuko numvaga biteye isoni, nk'umukobwa nkumva ko byafatwa ukundi, natinyaga ko uwo nabaza ashobora kumfata muyindi sura idakwiye, nkumushizi w'isoni cyangwa ikirara.

Kuri ubu narasobanukiwe, namenye ko ntasoni biteye zo kugira amakuru cyangwa kubaza icyo ntasobanukiwe, ubu kuba najya kwamuganga nkabasaba serivisi ntacyo byantwara, nijye ubwanjye nifatira icyemezo kubikorera umubiri wanjye, kurubu ntawankoresha icyo ntashaka kuko nemerewe kwemera cyangwa guhakana.

Ndashimira Save Generations Organization ko itubera isoko nziza tuvomamo amakuru y'ukuri ku buzima bw'imyororokere.

Aho dutuye hagiye hatandukanye pe! usanga kubona amakuru ku buzima bwimyororokere biba bitoroshye, kubwiyo mpamvu ndasaba abakobwa bagenzi banjye ko bakwiriye kumenya u burenganzira bafite ku buzima bw'imyororokere, kandi abagize amahirwe yo guhugurwa no kuganirizwa bakagira amakuru, bagerageze bayasangize abandi nabo abashe kubafasha.

## **NI IKI WABWIRA ABAKOBWA BAJYENZI**

### **BAWE NDETSE N'ABABYEYI MURI**

#### **RUSANGE?**

Bakobwa bagenzi banjye mumenye kandi musobanukirwe ko kugira amakuru y'ukuri ku buzima bw'imyororokere ari uburenganzira bwacu, ntawundi ukwiriye kuyatumenyera cyane ko aritwe ubwacu duhangana n'ingaruka mbi zatubaho zishingiye ku kutagira amakuru y'ukuri ku bizima bw'imyororokere.

Ababyeyi nabo ndabasaba ko bakwiriye kumenya ko ibihe byakera bitandukanye n'ibihe by'ubu, nibatwegere kandi batuganirize ku buzima bw'imyororokere bizatuma tubisanzuraho bityo biturinde kugira isoni cyangwa gutinya kubabaza icyaricyo cyose dukeneye cyerekeye ubuzima bwacu bw'imyororokere kuko tuzaba twaramaze kwisanzurana.

**Twese abakobwa n'abahungu  
kugira amakuru ku buzima  
bw'imyororokere  
n'uburenganzira bijyana  
biratureba!!!**

*Ntawe usigaye inyuma*





## Umukobwa afite uburenganzira bwo kwemera cyangwa guhakana igikorera umubiri we ubwe ntawundi umuhitiyemo



**N**itwa **TUNEZERWE Elyze Sabin**, ndi umuhungu, mfite imyaka 13, niga mu wa 6 w'amashuri abanza mu kigo

Cya G.S Ngamba mu Karere ka Kamonyi. Mbere ntaraza muri Save Generations Organization narimfite amakuru menshi yuzuyemo ibihaha, mu biganiriro numvaga abandi babahungu tungana bavugaga ko umukobwa ntaburenganzira afite bwo kwemera cyangwa guhakana igikorera umubiri we, byatumaga numva ko nanjye ninkura nzajya nkora icyo nshatse icyo ari cyo cyose ku mukobwa ntamusabye uburenganzira, nyamara ntaho ari ko bikwiye gukorwa, umukobwa afite uburenganzira bwo kwemera cyangwa guhakana igikorera umubiri we ubwe ntawundi umuhitiyemo, akwiye gusabwa uburenganzira kucyo agiye gukorera akemera cyangwa agahakana, si umukobwa gusa kuko n'umuhungu nawe ntibikwiye ko akorehwa icyo adashakaga, buriwese akwiye kwihitiramo, kwemera cyangwa guhakana icyakorera ku mubiri we.

**Nkaba nabwira abahungu bagenzi banjye ko bidakwiye kugira icyo dukora ku mukobwa cyangwa mugenzi wacu w'umuhungu atariwe ubwe witangiye uburenganzira, nkasaba abakobwa ko bakwiye kumenya ko ari uburenganzira bwabo kwemera cyangwa guhakana uwariwe wese washakaga kubakoresha icyo badashakaga, bamenye ko umubiri wabo ari uwagaciro ntawundi wemerewe kuwukoresha icyashakaga atabihereye uburenganzira na nyirawo.**

**TUNEZERWE Elyze Sabin**

Mwangavu, ngimbi namwe rubyiruko muri rusange, mugihe ubonye uwakoze cyangwa wakorewe ihohotera, watabaza cyangwa ugashaka ubufasha wifashishije izi numero zikurikira



Numero wahamagara mugihe uhuye n'ikibazo ukeneye ubufasha kuri ibi bikurikira:

3512	Ihohotera rikorerwa mungo, cyangwa rishingiye ku gitsina
3029	Isange One Stop Centre
116	Gutabariza umwana wakorewe ihohotera
9059	MIGEPROF
711	NCDA



## Namenye ko urubwiruko twemerewe guhambwa serivise ku z'ubuzima bw'imyororokere

**N**itwa **DUKUNDIMANA Phoibe**, ndi umukobwa, mfite imyaka 15, niga mu wa mwaka 2 w'amashuri yisumbuye mu kigo cya G.S Ruhanga mu karere ka Gasabo. Kugira amakuru ku buzima bw'imyororokere byaramfashije cyane, iyo numvaga ijamba umwangavu, namwunvaga nk'umuntu udafite icyo akwiye gusobanukirwa cyangwa guhabwa ku buzima bw'imyororokere, sinyumvishaga ko nawe hari icyo akeneye kijyanye n'ibihe anyuramo bya buri muni, cyane ko namufataga nkumwana, nabaga niyumvisha ko adashobora kugira impinduka muri we nkimihango n'ibindi, nabifataga ko biramutse bimbayeho byaba ari uburwayi kuburyo ntari gutinyuka no kuba nabibwira umubyeyi ngo nawe amfashe kubona ibikoresho by'isuku.

### **“Ese ubwo urumva nari kubiherahe?”**

Nasomye ikinyamakuru “Tuganire ku buzima bw'imyororokere” My story My voice, ndetse mpabwa inyigisho na Save Generations Organization menya byinshi ku buzima bw'imyororokere,

kuva ubwo nafunguye amaso mbona ko buri wese yemerewe guhabwa amakuru y'ukuri na serivisi zitangwa ku buzima bw'imyororokere, bigendanye n'ikigero cy'imyaka. Twese kugira ubuzima bwiza biratureba, ubu nemerewe kwaka ibikoresho by'isuku mugihe ndi mu mihango, naganira n'umubyeyi nkamusobanuzi icyo ntasobanukiwe kirebana n'ubuzima bw'imyororokere, sinaterwa ipfunwe no kugira serivise naka kwa muganga, kukigo cy'urubwiruko cyangwa se ahandi hose batanga serivise z'ubuzima bw'imyororokere kandi zizewe, mu gihe hari ubufasha nkeneye mu cy'umba cy'umukobwa ku ishuri nakwegera ubishinzwe nkamusobanuzi. Mbona byaramfashije cyane kuko kuri ubu ndamutse nkorewe ihohoterwa iryo ari ryo ryose cyangwa nkabona uwarikorewe nzi aho twashakira ubufasha, yaba kwamuganga, kukigo cy'urubwiruko, Isange wani sitopu senta (Isange one Stop center), Police cyangwa kuri RIB nkabasobanurira ikibazo cyabaye,

### **Ni iki wakongeraho mu kiganiro tugiranye ?**

Icyo nakongeraho ni ugushimira Save Generations Organization yo yaduhaye inyigisho tugasobanukirwa byinshi ku buzima bw'imyororokere, tukamenya serivisi z'ubuzima bw'imyororokere ndetse naho zitangirwa, nkaba nsaba abangavu n'ingimbi n'urubwiruko muri rusange ko bakwiye kumenya ko buri wese yemerewe guhabwa serivise z'ubuzima bw'imyororokere, ariko na none bikajyana n'imyaka afite . **“NDABASHIMIYE”**

## ***Icyo nsaba abahungu bagenzi banjye***

Ndasaba abahungu bajenzi banjye kubaha uburenganzira bw'umukobwa, ntitukiyumvishe ko dufite ubushobozi buhagije ku bakobwa, umukobwa ni uwagaciro, akwiye kwakwa uburenganzira kucyo ari cyo cyose kimukorerwa, rimwe narimwe abahungu twibwira ko tudashobora kwangirwa ibyifuzo byacu tugira ku mukobwa, nagira inama bagenzi banjye yuko bakwiriye kubireka kuko ubwabyo byica mu mutwe iyo ibyo byifuzo bari bafite bidashobotse. Twese yaba umuhungu cyangwa umukobwa buri wese afite uburenganzira bwo kwemera ibimukorerwa cyane cyane birebana n'ubuzima bw'imyororokere bw'imyororokere.

**KWIZERA** Moise, ndi umuhungu, mfite imyaka 16, niga mu wa 2 w'amashuri yisumbuye mu kigo cya G.S Ruhanga mu karere ka Gasabo.





**N**itwa **NSHIZIRUNGU Didier**, ndi umuhungu , mfite imyaka 19, niga Indimi n’ubuvanganzo mu mwaka wa 6 w’amashuri yisumbuye mu kigo cya G.S Remera Indangamirwa mu karere ka Kamonyi.

Mbere Save Generations Organization itaraza mu kigo cyacu, narimfite amakuru make ku buzima bw’imyororokere, iyo nabonaga uwagize impinduka ku mubiri we naramwirindaga, nahoraga ngendera mubigare by’abasore bafite amakuru y’ibihaha ndetse nshobora no kuyakurikiza nkaba nakora ikintu kitari cyiza gishobora no kungiraho ingaruka kubera kutagira amakuru y’ukuri ku buzima bw’imyororokere, ariko kuri ubu narasobanukiwe, namenye ko ntakiza cyo kubaho ntafite amakuru y’ukuri yerekeye ubuzima bw’imyororokere, namenye ko kubaza ibyo ntasobanukiwe ari ingenzi, bimpa kubana neza nabagenzi banjye by’umwihariko abakobwa, nkamenya uko mbitwaraho ntawe mbangamiye cyangwa ngo mputaze uburenganzira bwe, nubaha amahitamo y’umukobwa n’ibyemezo bye. Namenye ko buri wese yemerewe guhabwa ubufasha mugihe yahuye n’ikibazo, nk’umukobwa aramutse ahuye n’ihohoterwa nzi ko namugira inama yo kujya gushaka ubufasha kwa muganga mugihe yafashwe ku ngufu bakamufasha, bamuha utunini tumurinda kwandura sida cyangwa tukamurinda gusama.

## **Namenye ko ntakiza cyo kubaho ntafite amakuru y’ukuri yerekeye ubuzima bw’imyororokere**

Nkaba nabwira abakobwa ko bakwiriye gutinyuka, bakagira amahitamo mazima, bakamenya guhakana mugihe hari ushaka kubashuka, nibamenye neza ko amahitamo y’uyu muni aribwo buzima bw’ejo hazaza, abahungu nabo nabasaba ko badakwiriye kwirengagiza kumenya amakuru y’ukuri ku buzima bw’imyororokere, birakwiye ko twese tugira amakuru y’ukuri ku buzima bw’imyororokere kandi twemerewe kuyahabwa.

### ***Didier ni iyihe nama wagira bagenzi bawe?***

Bagenzi banjye by’umwihariko abakobwa bakwiriye gutinyuka, bakagira amahitamo mazima, bakamenya guhakana mugihe hari ushaka kubashuka, nibamenye neza ko amahitamo y’uyu muni aribwo buzima bw’ejo hazaza. Abahungu nabo nabasaba ko badakwiriye kwirengagiza kumenya amakuru y’ukuri ku buzima bw’imyororokere, birakwiye ko twese tugira amakuru y’ukuri ku buzima bw’imyororokere kandi twemerewe kuyahabwa.

Ndasaba kandi ababyeyi nabo ko bakwiye kumva ko umukobwa n’umuhungu, bese bafite uburenganzira bwo kurindwa no guhabwa amakuru y’ukuri ku buzima bw’imyororokere, Kurubu nkaba nishimira ko nasobanukiwe nkaba nzi uko nitwara mugihe ndikumwe nabashiki banjye ntanumwe mbangamiye uburenganzira afite.

“Umva inkuru zacu mu ijwi ryacu kuko nawe wemerewe kuganirizwa ku buzima bw’imyororokere, wahabwa amakuru y’ukuri n’ababyeyi bawe, wasobanuza uwo wizeye mugihe hari icyo udasobanukiwe nko ku kigo cy’uruburiko, ku kigo nderabuzima, isange one stop center cyangwa ukabaza umwarimu ubishinzwe ku ishuri wigaho, nusoma neza inkuru zacu ziragufasha nawe kwisobanukirwa no kugira amakuru y’ukuri ku buzima bw’imyororokere n’uburenganzira bijyana!

**Twe twarafashijwe!!!”**



Abangavu n'ingimbi dukwiriye guha umwanya ababyeyi bacu mugihe badusabye ko twaganira ku buzima bw'imyororokere, hari abangavu n'ingimbi usanga bahunga ababyeyi babo mugihe babasabye ko baganira ku buzima bw'imyororokere, siko bikwiye gukorwa, ahubwo muze twegere ababyeyi bacu tubatege amatwi mu gihe babitwemereye ku tunganiriza ndetse no mugihe tubona batatunganirije tubasabe umwanya wo kutunganiriza, ibi bizaturinda kwizera ibishuko dukura muri bajyenzi bacu nabo baba bakuye ahandi muri bajyenzi babo cyangwa ku ikoranabuhanga rigamiye gucuruza, ku menya amakuru ku buzima bw'imyororokere n'uburenganzira bijyana birafasha



UBUVUGIZI KU  
BIBAZO  
BY'ABANGAVU  
N'INGIMBI KU BUZIMA  
BW'IMYOROROKERE.

Abangavu n'ingimbi bo mu bigo by'amashuri Save Generations Organization ikoreramo ibikorwa byo kongerera abangavu n'ingimbi amakuru ku buzima bw'imyororokere twaganiriye batugaragarije ibibazo bibazitira kubona amakuru ku buzima bw'imyororokere n'uburenganzira bijyana.

*Umva uko batubwiye!!!*

# UBUVUGIZI KU BIBAZO BY'ABANGAVU N'INGIMBI KU BUZIMA BW'IMYOROROKERE.

1

Rimwe na rimwe usanga haraho ababyeyi batabasha kuganiriza abana babo ku buzima bw'imyororokere, muri uko kubaburira umwanya usanga abana batabisanzuraho mugihe bafite amakuru bakeneye kumenya k'ubuzima bw'imyororokere, bakaba bayabariza ahandi hashobora kuba hatanizewe, tukaba dusaba ababyeyi ko bakwiye gutega amatwi abana babo bakajya bababa hafi kuko aribo batanga amakuru y'ukuri n'ubujyanama nyabwo ku bana babo.

2

Abangavu n'ingimbi bo mubigo by'amashuri mu karere ka Kamonyi na Gasabo batugararije ibyifuzo bafite ku abayobozi yuko mugihe habaye igikorwa gihuza abantu benshi, nk'umuganda cyangwa ibindi ko bakwiye kujya banyuzamo bagatumira nk'umujoyanama w'ubuzima cyangwa undi wese ufite ubumenyi ku buzima bw'imyororokere wabihuguriwe agatambutsa ubutumwa buvuga ku buzima bw'imyororokere, kuko ibibazo bishingiye ku kutagira amakuru y'ukuri ku buzima bw'imyororokere birajyenda birushaho gufata indi ntera, mugihe izi nyigisho zatangwa abantu benshi barimo n'ababyeyi bazasobanukirwa ko kuganira ku buzima bw'imyororokere ari ibisanzwe bityo barusheho kwiyumvamo inshingano zo kuganiriza abana babo by'umwihariko ku buzima bwabo bw'imyororokere.

3

Nkatwe abangavu turi mu mashuri turasaba ubuyobozi bw'ibigo by'amashuri ko bakwiye kwegera abana by'umwihariko abakobwa bakabafasha kubona amakuru y'ukuri ku buzima bw'imyororokere, nibatwegere baduhe amakuru kubuzima bw'imyororokere, badushyirireho icyumba cy'isuku ndetse cyirimo ibikoresho bihagije kuko kenshi na kenshi harigihe usanga niyo icyo cyumba gihari usanga ntabikoresho by'isuku birimo twifashisha mugihe turi mu mihango.

4

Rimwe na rimwe abangavu n'ingimbi duhura n'ikibazo cyo kutabona aho dukura amakuru yizewe ku buzima bw'imyororokere, bityo rero turasaba Save Generations Organization, ibigo bya leta cyangwa byijyenga ko bakwiye kwandika ibitabo byinshi bivuga ku buzima bw'imyororokere bigatangwa ku bigo by'amashuri bigahabwa abanyeshuri, ibi bizatuma buri wese abasha kugira amakuru y'ukuri ku buzima bw'imyororokere ndetse agere no kuri benshi yaba abiga n'abatiga kuko tuzaba dufite aho twayakuye kandi hizewe.



# HAHA UBWENGE!!!

Bangavu, ingimbi namwe rubyiruko, ikibazo cy'ubuzima bw'imyororokere n'uburenganzira bubushamikiyeho, ni kimwe mu bibazo byugarije urubyiruko ku isi harimo no mu Rwanda , kenshi na kenshi usanga urubyiruko rudafite amakuru ahagije ku bijyanye n'ubuzima bw'imyororokere n'uburenganzira bijyanye, abenshi mu bangavu, ingimbi n'urubyiruko muri rusange usanga badafite ubumenyi, imyumvire n'ubumenyigiro bihagije cyangwa bikwiye ku bijyanye n'ubuzima bw'imyororokere. Ibi bigaterwa n'impamvu zitandukanye kandi bikagira ingaruka zikomeye ku buzima bwabo, imiryango bakomokamo ndetse ni Igihugu muri rusange, muri izi mpamvu ziganjemo imyumvire itariyo bamwe baba bafite ishingiye ku myemerere, imyizerere, imyumvire ndetse n'umuco, aho usanga bamwe bumva ko kugira, kumenya cyangwa gusobanuzwa ibijyanye n'ubuzima bw'imyororokere bifatwa nko kwica umuco, amahano cyangwa se ubushizi bw'isoni. Nyamara ntibamenye ko kugira amakuru y'ukuri ku buzima bw'imyororokere bibafasha gukora amahitamo akwiye kandi mazima, ndetse ari uburyo bwiza bwo kwirinda ibishuko bibashora mu mibonano mpuzabitsina ndetse n'ibyakwangiza ubuzima bwabo kubera kutagira amakuru y'ukuri kandi y'izewe no kumenya uburenganzira bafite ku buzima bwabo bw'imyororokere. Abangavu, ingimbi n'urubyiruko iyo batagize amakuru ahagije ku buzima bw'imyororokere n'uburenganzira bijyanye, bahura n'imbogamizi zitandukanye ku buzima bwabo zishingiye ku kutamenya, twavugaga mo kutamenya serivise bemerewe guhabwa ku buzima bwabo bw'imyororokere ndetse ntibamenye naho bazikura mugihe ari ngombwa, muri izo serivise twavugaga:

-Serivisi zibanda cyane ku buzima bw'imyororokere harimo izo gukumira inda ziterwa abangavu;

-Gukumira no kuvurwa indwara zandurira mu mibonano mpuzabitsina idakingiye;

-Gukumira ihohotera rishingiye ku gitsina no gufasha abarikorewe;

- Ubujyanama no gupimwa Virusi itera SIDA;

- Ubujyanama ku bitegura kurushinga;

-Ubujyanama, gupimwa no gukurikirana ubuzima bw'abakobwa batwite;

-Ubujyanama bujyanye no kwirinda gukuramo inda mu buryo budakurikije amategeko no kwita ku wagize ingaruka zo gukuramo inda;

-Inyigisho ku kamaro ko gukebwa ku bahungu no gutanga icyo serivisi.

Iyo abangavu, ingimbi n'urubyiruko batinyutse, bakagira amatsiko yo kumenya ndetse bakaganirizwa ku buzima bw'imyororokere barushaho kumenya ko izo serivise bazemerewe ndetse bakamenya ko ari uburenganzira bwabo kuzihabwa kandi kugihe, usanga kandi bafite amakuru ahagije yaho bashobora kuzikura nko kwa muganga, mu kigo cy'urubyiruko, Isange one stop center ,cyangwa ku ishuri bigaho kubari mu mashuri, ibi ni uburenganzira bwa buri wese yemerewe ndetse muri ubwo burenganzira hiyongeraho: Uburenganzira bwo kubaho; - Uburenganzira ku busugire bw'umubiri;

- Uburenganzira bwo gufatwa kimwe no kudahuzwa muri gahunda z'ubuzima bw'imyororokere;

- Uburenganzira bwo gushakira, gushinga urugo no kugira umuryango;

- Uburenganzira ku kubahiriza ubuzima bwite bwa muntu no kugirirwa ibanga;

- Uburenganzira bwo kubona amakuru no kwigishwa ku buzima bw'imyororokere ndetse n'uburenganzira ku buzima buzira umuze.

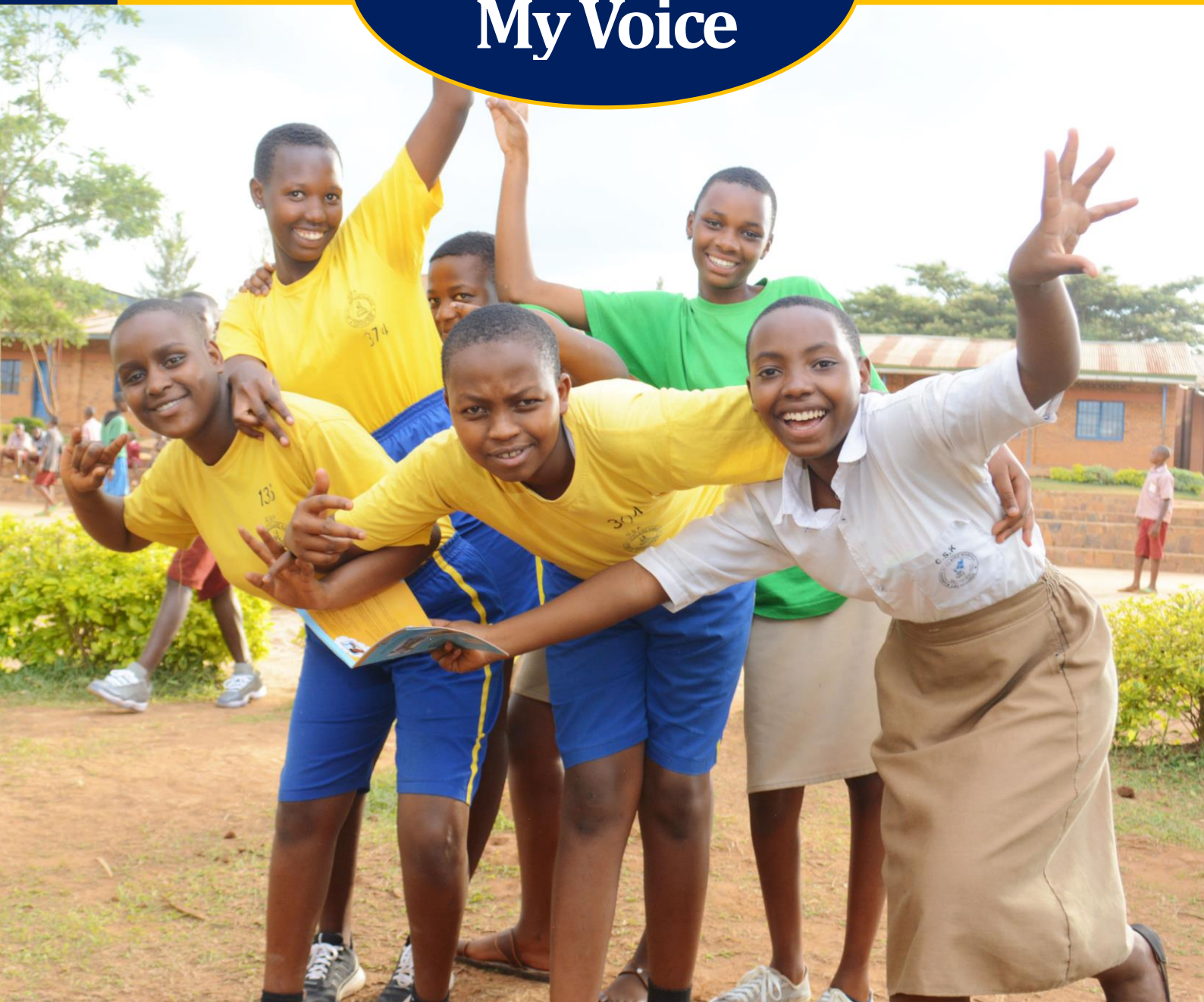
Ku bangavu n'abakobwa bamenye ko bafite uburenganzira bwo kwakwira uruhushya mugihe hari ikigiyeye ku bakorerwaho, bamenye ko ari ubwabo bemera gutanga ubwo burenganzira bwo kwemera cyangwa guhakana icyo badashakira kibakorerwa gishingiye ku buzima bw'imyororokere, ingimbi n'abahungu nabo bamenye neza kubahiriza uburenganzira bwa bashiki babo ntibumve ko ari ubwabo babafatira ibyemezo kuri buri kimwe nko kubakoresha icyo badashakira n'ibindi,

## Icyitonderwa:

Kugira uburenganzira ku buzima bw'imyororokere ntibivuze kwishora mu mibonano mpuzabitsina ukiri muto. Ku ngimbi n'abangavu ni byiza kwifata kugeza igihe bashatse. Iyo kwifata byanze ni byiza gukoresha agakingirizo neza kandi buri gihe, mu rwego rwo kwirinda inda ziterwa abangavu, virusi itera SIDA n'izindi ndwara zandurira mu mibonano mpuzabitsina idakingiye.

**Save Generations Organization**

# My Story My Voice



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